

Rosary Prayer

Elysian Life Design

Rosary beads help Catholics count their prayers. More importantly, Catholics pray the rosary as a means of entreaty to ask God for a special favor, such as helping a loved one recover from an illness, or to thank God for blessings received .

On the crucifix, make the sign of the cross and then pray the Apostles' Creed.

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord, Who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified; died, and was buried. He descended into Hell; the third day He arose again from the dead; He ascended into Heaven, sitteth at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

1. On the next *large* bead, say the Our Father.

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil, Amen.

2. On the following three small beads:

Bead One

Oh, Immaculate Mary, Virgin most powerful, I beseech thee, through that immense power which thou hast received from the Eternal Father, obtain for me purity of heart, strength to overcome all the enemies of my soul, and the special favor I implore in my present necessity.

[Name your request]

Mother most pure! Forsake me not, despise not my prayer, graciously hear me for God's glory, thy honor, and the welfare of my soul.

To obtain this favor I honor thy power by reciting:

Hail Mary, Full of Grace, The Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of death. Amen.

Bead Two

Oh Virgin Mary, my Mother, through that ineffable wisdom bestowed upon thee by the Incarnate Word of God, I humbly beseech thee, obtain for me meekness and humility of heart, a perfect knowledge of the Divine Will, and strength to accomplish it always.

Oh Mary, Seat of Wisdom; as a tender Mother lead me in the path of Christian virtue and perfection; enlighten and enable me to do what is most pleasing to thy beloved Son, and obtain my petition.

To obtain this grace I honor thy wisdom by reciting:

Hail Mary, Full of Grace, The Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of death. Amen.

Bead Three

Oh, Mother of Mercy, Mother of penitent sinners, I stand before thee sinful and sorrowful, beseeching thee through the immense Love given to thee by the Holy Spirit for us poor sinners, obtain for me true and perfect contrition for my sins, which I hate and detest with all my heart, because I love God.

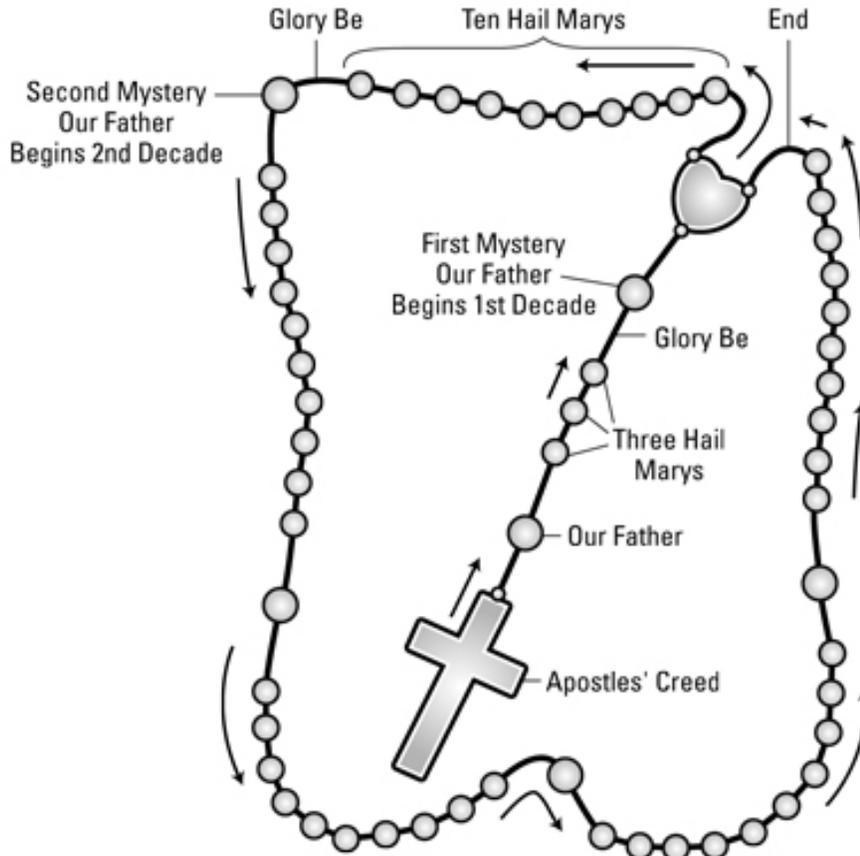
Mother most merciful, help me in my present necessity. Turn, then those eyes of mercy toward us, oh clement, oh loving, oh sweet Virgin Mary!

To obtain this precious gift, I honor thy loving mercy by reciting:

Hail Mary, Full of Grace, The Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of death. Amen.

3. On the *chain*, pray the Glory Be.

Glory be to the Father, to the Son, and to the Holy Spirit, as it was, is now, and ever shall be, world without end. Amen.



4. On the large bead, meditate on the first mystery and pray the Our Father.

You pray mysteries for each of the five sections (decades) of the rosary according to the day of the week:

1. Mondays and Saturdays:

The Joyful Mysteries remind the faithful of Christ's birth: The Annunciation (Luke 1:26–38); The Visitation (Luke 1:39–56); The Nativity (Luke 2:1–21); The Presentation (Luke 2:22–38); The Finding of the Child Jesus in the Temple (Luke 2:41–52)

2. Tuesdays and Fridays:

The Sorrowful Mysteries recall Jesus' passion and death: The Agony of Jesus in the Garden (Matthew 26:36–56); The Scourging at the Pillar (Matthew 27:26); The Crowning with Thorns (Matthew 27:27–31); The Carrying of the Cross (Matthew 27:32); The Crucifixion (Matthew 27:33–56).

3. Wednesdays and Sundays:

The Glorious Mysteries focus on the resurrection of Jesus and the glories of heaven: The Resurrection (John 20:1–29); The Ascension (Luke 24:36–53); The Descent of the Holy Spirit (Acts 2:1–41); The Assumption of Mary, the Mother of God, into heaven; The Coronation of Mary in heaven.

4. Thursdays:

Pope John Paul II added The Mysteries of Light, also known as the Luminous Mysteries, in 2002: The Baptism in the River Jordan (Matthew 3:13–16); The Wedding Feast at Cana (John 2:1–11); The Preaching of the coming of the Kingdom of God (Mark 1:14–15); The Transfiguration (Matthew 17:1–8); The Institution of the Holy Eucharist (Matthew 26).

5. Skip the centerpiece medallion, and on the ten beads after that, pray a Hail Mary on each bead; on the chain, pray a Glory Be.

6. Repeat Steps 5 and 6 four more times to finish the next four decades.

7. At the end of your Rosary, say the Hail Holy Queen.

Hail, Holy Queen, Mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve, to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and after this our exile show unto us the blessed fruit of thy womb Jesus, O clement, O loving, O sweet Virgin Mary.

Pray for us, O holy Mother of God. *That we may be made worthy of the promises of Christ.*

O God, whose only-begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal salvation; grant we beseech Thee, that meditating upon these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise. Through the same Christ our Lord. Amen.